



Igniting Career Growth and Leadership Success



Tonya Tiggett

Women's Leadership Advocate, Speaker, and Author

YOUR UNAPOLOGETIC BOLDNESS SPARK:
Igniting Corporate Women's Career Growth Globally

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Standing at just five feet tall with a towering passion for empowering women, Tonya Tiggett is a firecracker on stage—bringing boldness, grit, and contagious energy to every audience she meets.

With her “**Unapologetic Boldness for Life and Career Success**” workshops and keynotes, Tonya arms corporate professionals with the skills to level-up in every way.

She consistently delivers data-backed tools that boost confidence by 25%, shares strategies that help enhance peer connections and relationships, and equips participants to overcome their fear of engaging with senior leaders on their own, which is a key relationship that fast-forwards careers.

A fierce advocate for rising talent, Tonya draws from her diverse background in bilingual and higher education, banking, and business, making her a uniquely versatile speaker who connects with audiences across industries, languages, and cultures.

Offstage, Tonya brings her same zest to fitness, exploring new places with family and friends, and even taking her feisty fur baby, Meow Meow, for daily walks. Her commitment to advancing women spans over 25 years of non-profit board service for causes close to Tonya's heart.

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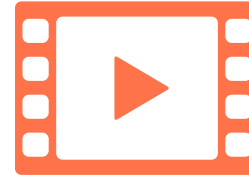
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Click above to See Tonya in Action...



How many hearts do I have?



Notable Clients



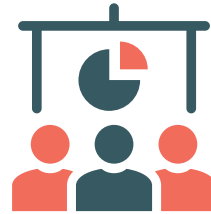
How Does Collaborating with Tonya Make Your Event Stand Out?

- Engagement and Motivation for Change
- Proof through Data
- An Action Plan with Tools



Interaction & Active Engagement

In Tonya's programs, whether you're with a small team or a large audience, prepare for an engaging, hands-on, high-energy experience! She doesn't just push out information—she involves everyone, sparking dynamic discussions and meaningful connections. From individual reflection to peer engagement, Tonya ensures every participant actively shapes their own development journey.



Data-Driven Approach

Since 2013, Tonya has gathered global data on women's career strategies, best practices, and blind spots. Before your event, she conducts a pre-survey and presents tailored insights, comparing your results with the latest global trends she's surveyed. With a real-time pulse on how women are navigating their careers, she translates data into actionable steps, driving impactful results for your audience and event.



Tools & Follow-Up

When your event wraps up, your audience won't just leave inspired—they'll have actionable tools to keep the momentum going! Tonya provides easy-to-use strategies and, where needed, offers follow-up support and materials. Your post-event journey always includes a practical action plan for personal and career growth!



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Interactive Keynotes, Workshops, and Leadership Event Topics

Known for her fast-paced, energetic, humorous, interactive, and conversational learning approach, Tonya provides your audience with quality programs full of practical and easy-to-use career strategy tools that get immediate results back on the job.

Click on Each Topic Below to Learn More!

Book
Coming
in 2025

- **The Towanda Effect:** Unapologetic Boldness for Life and Career Success
 - **Lead with Confidence and Courage to Thrive***
- **Become a Next Level Leader:** Mind Your Own Business Legacy
 - **NEW! Transformational Leadership:** An 8-Week Career Mobility Journey**

*Programs are available in full-day formats (6 hour formats) only and include senior leader engagement.

**NEW! Multi-week, curated leadership intensive that allows female participants to fully explore a detailed career mobility plan, apply the tools immediately for feedback from senior leadership and peers, with measurable outcomes for career progression, including promotion. Contact us for more information.



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The Impact and Results of Tonya's Programs:

Every year, Tonya dives into the real story behind women's career strategy, surveying female audiences on critical strategies and areas of knowledge—like sponsorship—the ultimate game-changer for women in the workplace. Shockingly, **86%** of attendees are in the dark about this career-boosting relationship. But fear not! Tonya's programs smash through this unknown factor along with others, offering not just strategies that propel women forward, but also actionable tools to kickstart these vital connections. Let Tonya turbocharge your female leaders with the tools and strategy to elevate their career and others!

14,000+

professionals globally reached as of 2023.

25%

average increase in confidence level with career strategy after just one program experience.

6/10

participants reported improved peer relationships as a result of the "**Lead with Confidence**" program.

17

countries where participants have attended a Tiggett in-person or online program.

1,400

attendees and **1,800** learning hours provided and experienced in 2023 alone.

84%

plan to engage on their own with senior leadership to strengthen these key relationships.

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Testimonials

Tonya Tiggett masterfully engaged a group of 120 professionals who provide services in the energy industry. I witnessed the "Aha" moments resulting from Tonya's electrifying presentation and usable tools. Our session was so inspiring that our class was full despite it being the last topic of a 3-day conference.

Velda Otey

Former CIO, American Electric Power
Former President, WiNUP
www.winup.org



It is one thing delivering the content, but Tonya's facilitating skills and ability to listen and bring out meaningful discussion is a whole different level. Her genuine interest in the challenges that our members face led to uninhibited conversation. Together as a group we worked through issues both personally and professionally.

Amy Dotts

COO, Conway Center for Family Business
www.familybusinesscenter.com

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Testimonials

For our 2023 Together Digital National Conference, we brought Tonya in to lead a Lead with Confidence workshop, and it was truly transformative. The session, led by Tonya, focused on self-advocacy, and she exceeded our expectations. The interactive piece, where our attendees physically explored our emotions related to “bragging,” was eye-opening. The exercise revealed the impact of their emotional mindset on how we (women specifically) communicate strengths, shape our brand and influence opportunities.

Tonya's insightful questions throughout the workshop were invaluable, prompting deep reflection on our attendee's career goals. The unlikely dedicated time for introspective work allowed them to clarify their aspirations. The introduction of the CENTS tool – Context, Emotion, Numbers, Timing, Sincerity – was a practical highlight that went beyond job interviews, serving as a comprehensive guide for effective communication of skills, navigating performance discussions, and constructing a brand based on strengths and results. I highly recommend Tonya's workshop for anyone seeking a profound leadership experience.

Amy Vaughan

Founder of Together Digital

www.togetherindigital.com



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Testimonials



This is a fantastic program, and I am glad to be part of it. I like the topics being covered as they are so relevant both in our journey to next level as well as our personal journey. Looking forward to the next session!

S.P., Head of International Investment Bank Technology, India



Thank you for all that you do Tonya! Your programming is so stellar and impactful that I jump at the opportunity to volunteer when I get your 'call'!

A.J., Executive Director in Global Technology, U.S.A.

Volunteer Senior Leader Career Coach in Tonya's Lead with Confidence Program



This was a great session! My sincere thanks to everyone here and Tonya and Jennifer.

Suman, via Zoom



It has been an amazing class. Thank you. I am so glad I signed up.

Sarah, via Zoom



Thank you for such a wonderful session. Lots of great takeaways!!!

Demetria, via Zoom

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Testimonials



Being in your course has been a great experience, so I will recommend it to everyone, eager to see if you have more offers so we can meet again.

Paola, Customer Success and Global Technology Products, Argentina



I want you to know how much I enjoy your classes. Your passion and dedication to help all of us to reach our potential is greatly appreciated. I am always amazed by how you are able to offer us great suggestions to energize and empower us to make impactful changes to our personal and professional lives. Thank you for always making your classes fun and engaging.

Tracey B., U.S.A



Tonya with "Lead with Confidence" Participants, Singapore

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Ready to take your event to the next level?

"I love sparking confidence and motivation for change in my programs. I'd be honored to partner with you and fire up your event to change careers together!"

-Tonya

[CLICK HERE](#)

to connect with Tonya and ignite sparks of inspiration that will leave your audience buzzing with excitement. Don't miss out on the opportunity to make your event unforgettable—

Book Tonya now!

